



**Thursday 2nd September, 2010
7.00 - 8.30pm**

Manningham Community Health and Eating Disorders Victoria in partnership with Manningham City Council are pleased to present a **free** Community Information Evening on:

Promoting Positive Body Image and Healthy Eating

Does someone you know and love

Worry constantly about how they look and what they weigh?
Go on fad diets where they cut out important food groups or binge eat?
Think that they aren't good enough just the way they are?

If you answered 'yes' to any of these questions, please come to this free information evening.

Guest Speaker:

Dr. Naomi Crafti BBSc(Hons)DPsych(Counselling)MAPS

Venue:

Function Room 3
Manningham City Council
699 Doncaster Rd. Doncaster.

Bookings are essential

To book go to www.eatingdisorders.org.au/events.html
or phone 9885 6563

